



**Canadian Office & Professional Employees Union**  
109 - 2709 12<sup>th</sup> Avenue, Regina, Saskatchewan, S4T 1J3  
Telephone: (306) 352-4240 • Fax: (306) 347-2720  
Toll Free: 1-877-COPE397 (1-877-267-3397)  
E-Mail: [cope397@cope397.ca](mailto:cope397@cope397.ca) • Website: [www.cope397.ca](http://www.cope397.ca)

# COPE SCHOOL UNION BASICS

## July 15, 2025

Regina Union Centre  
Regina, Saskatchewan

### Who Should Attend ?

This School will offer an introduction to the Union and will be of special interest to:

- Any Members looking to learn more about what the Union does.



The registration form is attached as part of this brochure

The registration form must be completed and returned no later than **June 15, 2025** to:

**COPE Local 397**  
109 – 2709 12<sup>th</sup> Avenue  
Regina, SK, S4T 1J3  
By:  
Regular Mail or  
Fax: (306) 347-2720 or  
by E-Mail @ [cope397@cope397.ca](mailto:cope397@cope397.ca)

COPE Local 397 will be responsible for any lost time, travel, accommodation and family care expenses in accordance with the policies of the Local



*Need more information about the School ?  
Please call the Union Office at 306-352-4240*

*or*

*President, Jason Hicks – 306-352-4220  
Union Representative, Trevor Morin – 306-352-9551  
Union Representative, Stacey Landin – 306-359-6411*

**Please Post on Bulletin Board**

We're excited to bring back COPE School as part of our commitment to member education. This year, your Executive Board has prioritized education with the largest budget in COPE 397's history.

We started strong with Officer Training, Political Action Training, and the SFL/CLC Spring School. Now, we're launching Union Basics – back by popular demand!

This course is great for members who want to:

- Learn how the union works
- Understand our role in the Labour movement
- Explore what being a Steward involves
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If you're looking to get more involved in COPE or the Labour movement, this is a great place to start.

What you'll gain:

A foundation in union history, key communication skills, and tools to build stronger teams. Facilitators Stacey Landin and Trevor Morin will lead the sessions.

Details:

- Limited to 20 spots – apply early!
- Register by: June 15, 2025

COPE 397 depends on engaged members like you. Don't miss out—spaces are filling fast!

In Solidarity,

Jason Hicks  
President, COPE Local 397

See you at COPE School!



## HIGHLIGHTS

- How we got here
- The 6 Ws
- Why we do what we do
- Working with others
- Where we go from here
- Networking





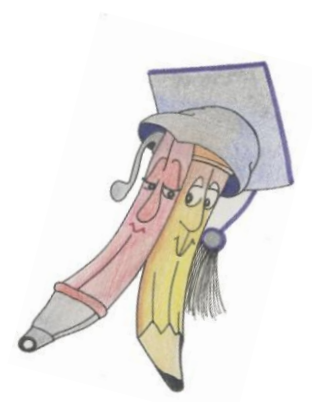
~~ Tentative A G E N D A ~~

**COPE LOCAL 397 SCHOOL**  
*“Activating Our Members Through Training”*

July 15, 2025

**Wednesday July 15—Regina Union Centre**

9:00 a.m.	Registration
10:00 a.m.	Classes Start
12:00 noon	Lunch ( <i>provided</i> )
1:00 - 4:00 p.m.	Classes Continue







# REGISTRATION FORM

## COPE School

### July 15, 2025

Name: \_\_\_\_\_

Employer: \_\_\_\_\_

Classification: \_\_\_\_\_

Location: \_\_\_\_\_

Home Address & Postal Code: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: (w) \_\_\_\_\_ (h) \_\_\_\_\_ Fax: \_\_\_\_\_

E-Mail: (w) \_\_\_\_\_ (h) \_\_\_\_\_

Do you require accommodation? Yes \_\_\_\_\_ No \_\_\_\_\_

*~~ We encourage car-pooling ~~*

Do you need a ride? Yes \_\_\_\_\_ No \_\_\_\_\_

Can you provide transportation? Yes \_\_\_\_\_ No \_\_\_\_\_

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How do you plan to use the material to further the Union and its Members? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you attended previous schools? Yes \_\_\_\_\_ No \_\_\_\_\_ If YES, how many and when?

\_\_\_\_\_

\_\_\_\_\_

Do you currently hold a Union Office? Yes \_\_\_\_\_ No \_\_\_\_\_ If YES, in what position?

\_\_\_\_\_

Have you previously held Union Positions? Yes \_\_\_\_\_ No \_\_\_\_\_ If YES, what position?

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Are you interested in getting more involved in the Union? Yes \_\_\_\_\_ No \_\_\_\_\_ If YES, in what capacity?

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If you have special dietary needs, or other health or special requirements, please give details.

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